



April 2019

YVCOG Newsletter

Contact us: 509.574.1550

COMMUTE TRIP REDUCTION CTR IN THE NEWS

CTR makes your commute more relaxing and stress-free!

In this issue:

- Wheel Options Contest in May 2019
- Biking Safety Tips from WSDOT
- Commute Cost Calculator

Wheel Options Contest in May 2019

It's that time again! Our next Wheel Options contest with fantastic prizes will be in May. To qualify: get to work at least once a week in May without driving alone (carpool, vanpool, bicycle, walk, run, take the bus, etc), and record those trips on RideshareOnline.com. Easy!

May is also National Bike Month, celebrated all over the USA, to encourage people to go outside and ride. If you haven't ridden lately (or at all), why not start in May? Here's **how**.



Image Credit: Creative Commons

Keep checking your email inbox for more Wheel Options details.

Biking Safety Tips from WSDOT

- **Obey traffic signs and signals** - Bicycles must follow the rules of the road like other vehicles.
- **Never ride against traffic** - Motorists aren't looking for bicyclists riding on the wrong side of the road. State law and common sense require that bicyclists drive like other vehicles.
- **Follow lane markings** - Don't turn left from the right lane. Don't go straight in a lane marked "right-turn only."
- **Don't pass on the right** - Motorists may not look for or see a bicycle passing on the right.
- **Scan the road behind you** - Learn to look back over your shoulder without losing your balance or swerving. Some riders use rear-view mirrors.
- **Keep both hands ready to brake** - You may not stop in time if you brake one-handed. Allow extra distance for stopping in the rain, since brakes are less efficient when wet.
- **Wear a helmet and never ride with headphones** - Always wear a helmet. Never wear a headphone while riding a bike.
- **Dress for the weather** - In rain wear a poncho or waterproof suit. Dress in layers so you can adjust to temperature changes. Wear bright colored clothing.
- **Use hand signals** - Hand signals tell motorists and pedestrians what you intend to do. Signal as a matter of law, of courtesy, and of self-protection.
- **Ride in the middle of the lane in slower traffic** - Get in the middle of the lane at busy intersections and whenever you are moving at the same speed as traffic.

How does CTR work?

State and local governments, transit agencies, businesses, and other entities collaborate to offer employees alternatives to driving alone to work.

By encouraging people to ride the bus, vanpool, carpool, walk, bike, work from home, or compress their work week, CTR makes transportation better for the entire state.

See **more** Bike Safety Tips **[HERE](#)**

Commute Cost Calculator

Want to know much your drive-alone trips to work cost you?

Here's a handy **Online Tool** that's easy to use (and it's free!)

<http://www.rideshareonline.com/Commuters/calculator.html>