

Contact us: 509.574.1550

YVCOG Newsletter

# COMMUTE TRIP REDUCTION CTR IN THE NEWS

CTR makes your commute more relaxing and stress-free!

#### In this issue:

- ETC QuarterlyMeeting October 17
- Virginia Mason
   Memorial Hospital
   Bike to Work Facilities
- Bike Rack Funds Available
- 2018 Bicycle & Pedestrian Counts

# Employee Transportation Coordinator ETC Quarterly Meeting October 17

Back by popular demand! On Wednesday, October 17 at 9:30 am, YVCOG will host an informal gathering for all Yakima Valley ETCs to network, learn the latest news about the State's updated CTR Strategic Plan, and exchange CTR info with your fellow Commute Trip Reduction aficionados! Light snacks provided.

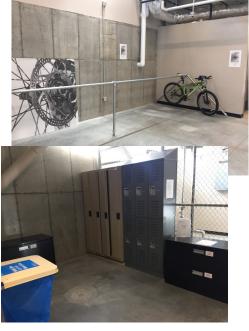
Check your email inbox for more details.

## Virginia Mason Memorial Bike to Work Facilities

Last April, VMM held an Open House to unveil its new facilities for staff who bike to work, including an indoor bike rack. Of course, any VMM employee can use the facilities: walkers, runners, rollerbladers (does anyone still use those?).

Along with bike racks, VMM provides showers with private changing room, blow dryers, clean towels, ironing boards, irons, starch and free weights.

Great way to cool down after an active commute!



#### How does CTR work?

State and local governments, transit agencies, businesses, and other entities collaborate to offer employees alternatives to driving alone to work.

By encouraging people to ride the bus, vanpool, carpool, walk, bike, work from home, or compress their work week, CTR makes transportation better for the entire state.

Contact Kate Gottlieb at VMM for more information about their bicycle facilities: <a href="mailto:KateGottlieb@yvmh.org">KateGottlieb@yvmh.org</a>

### **Bike Rack Funds Available**

Ready to be cool like Virginia Mason? YVCOG has funds available for participating employers to provide bike racks at work, on a reimbursement basis. Contact us to find out how this works and what we need from you.

### 2018 Bicycle & Pedestrian Counts

Every Fall, WSDOT counts bicycle and pedestrian traffic in communities across the State. Yakima is one of them. The data helps the State decide where facilities are most needed to encourage walking and biking. You can see past data here: <a href="http://www.wsdot.wa.gov/data/tools/bikepedcounts">http://www.wsdot.wa.gov/data/tools/bikepedcounts</a>